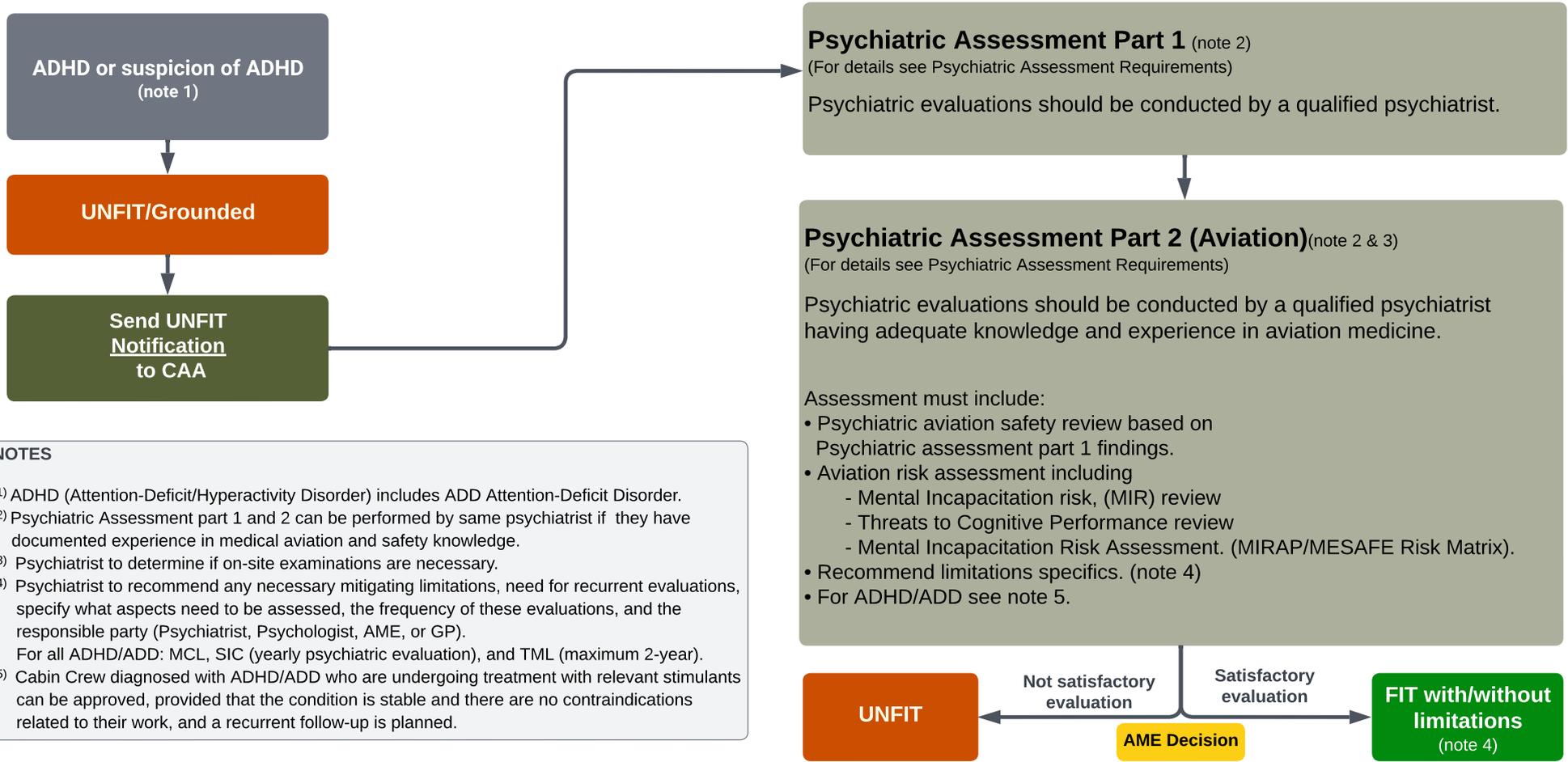


Attention-Deficit/Hyperactivity Disorder (ADHD)



NOTES

(1) ADHD (Attention-Deficit/Hyperactivity Disorder) includes ADD Attention-Deficit Disorder.

(2) Psychiatric Assessment part 1 and 2 can be performed by same psychiatrist if they have documented experience in medical aviation and safety knowledge.

(3) Psychiatrist to determine if on-site examinations are necessary.

(4) Psychiatrist to recommend any necessary mitigating limitations, need for recurrent evaluations, specify what aspects need to be assessed, the frequency of these evaluations, and the responsible party (Psychiatrist, Psychologist, AME, or GP).
For all ADHD/ADD: MCL, SIC (yearly psychiatric evaluation), and TML (maximum 2-year).

(5) Cabin Crew diagnosed with ADHD/ADD who are undergoing treatment with relevant stimulants can be approved, provided that the condition is stable and there are no contraindications related to their work, and a recurrent follow-up is planned.

Psychiatric Assessment Requirements

- Review of available records (e.g., academic, hospitalization, treatment notes) to assess the nature of any past mental disorders.
- A detailed clinical interview covering psycho-social, developmental, academic, legal, substance use, medical, and behavioral history.
- A mental status examination.
- Mental health examination to include assessment according to GM1 MED.B.055 (b). (1) Appearance;(2) Attitude; (3) Behavior; (4) Mood; (5) Speech; (6) Thoughts process and content; (7) Perception; (8) Cognition; (9) Insight; and (10) Judgment.
- A summary with diagnostic findings, treatment recommendations, and an opinion on aviation safety,
- For mild/low-severity cases psychiatrist to review need for neuropsychological testing. Psychiatrist to include reason if test is viewed as not necessary.
- All other cases and if in doubt perform neuropsychological testing with relevant test panel / batteries in collaboration with neuropsychologist. Test must include examination on GM MED.B. 055 (b) parameters (see above).
- Psychiatric review and conclusion to include neuropsychological test results.

Submission Requirements

The psychiatrist must submit a comprehensive report along with supporting documentation including neuropsychological test.